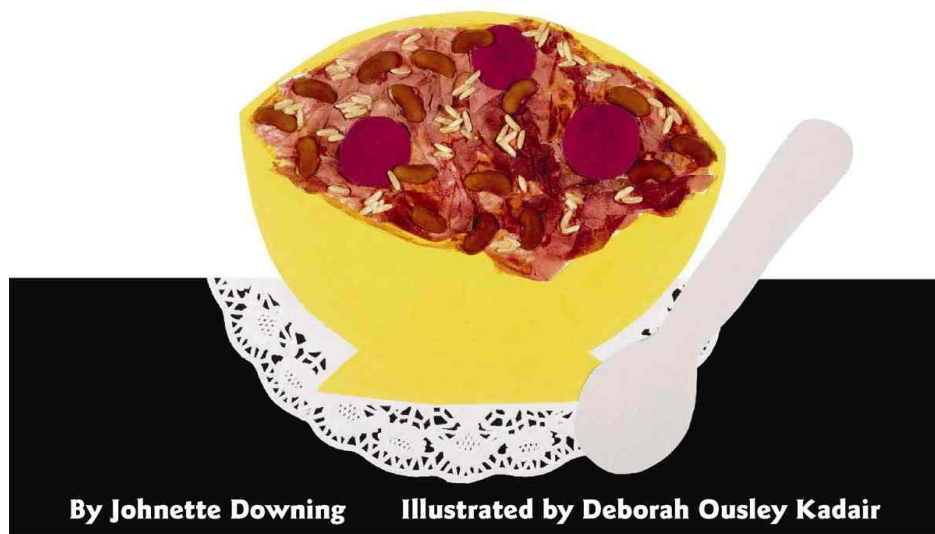


Today Is Monday in Louisiana

Activity Booklet

By Johnette Downing

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By Johnette Downing

Illustrated by Deborah Ousley Kadair

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www.johnnettedowning.com

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Story Stretcher



Below are some ideas for stretching the story beyond the page.

1. Read the book one time through including the Word Menu for your class.
2. Read the story again and ask the students to repeat the refrain, “All you lucky children, come and eat it up. Come and eat it up.”
3. Next, test the student’s sequencing skills by asking the class to recall which foods are eaten on which days of the week.
4. Just for fun, the illustrator placed two animals in the book. Follow the movements of the animals and the vase of flowers as you read the book.
5. The song for the book is on Johnette’s “From the Gumbo Pot” CD. Play the song and invite the class to sing along as you turn the pages of the book.
6. Make a pot of red beans and rice with the class allowing the students to measure and add some of the ingredients into the pot. Using a crock pot is the safest way to do this in the class.
7. Create collage illustrations using construction paper for each meal and day of the week.
8. Dedicate an entire week to the book, cooking and eating red beans on Monday, po’boys on Tuesday, etc.. Enjoy a Louisiana meal every day for one week with your class.
9. Create chef costumes and make-believe dishes to sing and act out the book for an assembly program.
10. Create a new book using the foods you eat in your culture during the week as a sharing of cultures. Discuss which foods we have in common and which ones are different.
11. Invite Johnette to your school for an author visit or musical performance. Fill out the online booking request form on Johnette’s website under Contact and Booking at www.johnnettedowning.com.

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Meal Match

Draw a line to match the day of the week with its appropriate meal!

Monday

Crawfish

Tuesday

Beignets

Wednesday

Red beans

Thursday

Catfish

Friday

Gumbo

Saturday

Poboys

Sunday

Jambalaya



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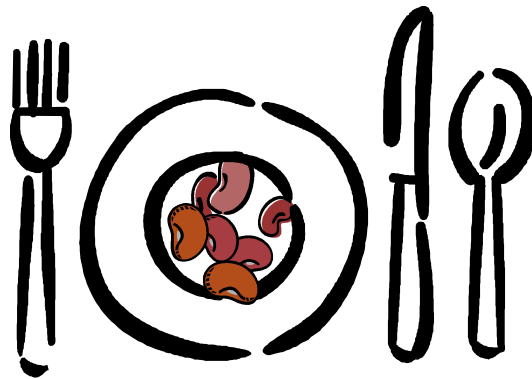
Make a Plate of Red Beans and Rice

Materials:

Rice
Red beans
Paper Plate
Glue
Markers

Instructions:

1. On the outer circle of the paper plate, write the words “Monday” and “Red Beans.”
2. In the center circle of the plate, smear a thin layer of glue.
3. Place a handful of rice on the glued surface of the plate making a thin layer of rice over the layer of glue.
4. Glue a handful of beans over the rice layer.
5. Let rice, beans and glue dry.



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Monday Maracas

Do you need a little dinner music? Make rice and beans maracas for Monday night music! Here's how:

Materials:

Dry, empty and cleaned plastic water bottle with lid

Rice

Beans



Instructions:

1. Place a small handful of rice into a dry, empty and clean plastic water bottle.
2. Place a small handful of beans into the same bottle.
3. Screw bottle lid securely on bottle.
4. Shake!



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Grocery List

Today is _____,

and we are making _____.

We will need the following ingredients from the store.

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

9 _____

10 _____



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Recipe

Today is _____,
and we are making _____.

Ingredients:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____



Instructions:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

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What Are We Cooking Today?

Today is _____

And we are cooking _____

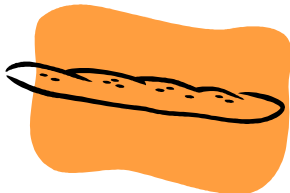
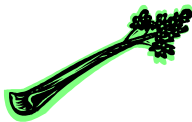
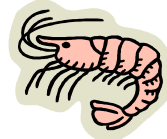
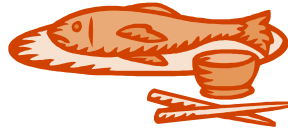
1. Cut out pictures of the ingredients we will need to make today's dish.
2. Paste the pictures on the pot.



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Ingredients



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Cultural Sharing

1. Use this page to create a new book called Today is Monday in your state or country.
2. Fill in the blanks below with the day of the week, the state or country you live in and the name of a typical or traditional food from your area of the world.
3. Draw a picture of the food you selected in the middle of the page.

Today is _____ in
(day of the week)

(state or country)

(food)

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TODAY IS MONDAY IN LOUISIANA

TRADITIONAL MUSIC

(TITLE AND LYRICS ADAPTED BY JOHNETTE DOWNING)

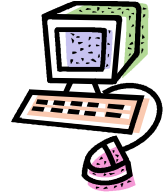
Voice

The musical score is written on five staves in treble clef with a key signature of three sharps (F#, C#, G#) and a common time signature (C). The first staff is labeled 'Voice' and contains the melody. The second staff begins at measure 4, the third at measure 8, the fourth at measure 13, and the fifth at measure 18. The score concludes with a double bar line at the end of the fifth staff.

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Visit Johnette's website to order books and CDs, to access additional resources for educators and children, or to book Johnette for an author visit, concert or workshop.

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